

Medical Case History Form

Name: _____

Date: _____

There are several genetic, medical, and lifestyle factors that increase the risk of developing hearing loss and tinnitus. Please complete this form in its entirety to review with your hearing healthcare provider.

1. Direct Risk Factors Hearing Loss and Tinnitus:

Age: *The primary risk factor for hearing loss and tinnitus is age. Indicate which age category you are in:*

- 59 Years or Younger (Hearing Loss that results from age can begin in a person's 40's and 50's)
- Between the age of 60-70 (50% of people have disabling hearing loss)
- Between the age of 71-80 (66% of people have disabling hearing loss)
- Older than 81 (80% of people have disabling hearing loss)

Genetics: *Our genetics increase our predisposition to developing hearing loss and tinnitus. Please describe your family's history of hearing loss and tinnitus*

Noise Exposure: *Noise Exposure is detrimental to the ear and impacts our ability to process words. Check the situations below that you have been exposed to loud noises*

- | | | | |
|---------------------------------|---------------------------------------|---------------------------------------|-----------------------------------|
| <input type="radio"/> Work | <input type="radio"/> Concerts | <input type="radio"/> Hair Stylist | <input type="radio"/> Lawn Mower |
| <input type="radio"/> Firearms | <input type="radio"/> Sporting Events | <input type="radio"/> Motorcycles | <input type="radio"/> Power Tools |
| <input type="radio"/> Fireworks | <input type="radio"/> Engines | <input type="radio"/> Large Equipment | <input type="radio"/> Headphones |

Medications: *Pharmaceuticals can affect the ear and result in hearing loss and tinnitus. Please check the medications you have been exposed to.*

- | | |
|--|---|
| <input type="radio"/> Cancer Treatments (i.e. Chemotherapy) | <input type="radio"/> Fluoroquinolones (i.e. Ciproflaxin/"Cipro") |
| <input type="radio"/> Aminoglycoside Antibiotics (medications ending in "mycin") | <input type="radio"/> Long term use of Aspirin, Aleve, or Advil |

2. Indirect Risk Factors e.g. Other Medical Conditions that Increase the Risk of Hearing Loss and Tinnitus

Many common health conditions significantly increase the risk of hearing loss and tinnitus. Please check all of the medical conditions you are currently managing/concerned about as they significantly increase your risk of hearing loss and tinnitus.

- | | |
|--|--|
| <input type="radio"/> Cardiovascular Disease/complications | <input type="radio"/> Thyroid Disease |
| <input type="radio"/> Diabetes or Pre Diabetes | <input type="radio"/> History of Smoking |
| <input type="radio"/> Kidney Disease | <input type="radio"/> Head Trauma |
| <input type="radio"/> Autoimmune Disease | |

